FREE FIELD SHEET · Nº 021
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KEYWORD
SOL

THE GPT-6.1 SOL SWITCH GUIDE

What Sol is, who can use it today, and how to test it on your own work before you move anything

CHECKS	DO FIRST	PARTS	COST
19	4	4	Free



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GPT-6.1 Sol launched at OpenAI DevDay on Tuesday 29 September 2026. This guide gives you the facts as OpenAI states them, who can use it today, and the steps to test it on your own work and move eligible API and automation tasks from Astra to Sol.

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4 What to check after switching — 3 CHECKS

TICK IT ON YOUR PHONE
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PART 1 OF 4 6 CHECKS

What changed

- [ ] 1.1

OpenAI released GPT-6.1 Sol on Tuesday 29 September 2026 at DevDay.

This is the launch date OpenAI states.

- [ ] 1.2

Sol is priced at one-fifth of Astra's standard API token prices: $2 per million input tokens and $10 per million output tokens, versus Astra's $10 input and $50 output.

This is an API token price difference. It applies to usage billed by the token, such as the API, agents, and automations, not to flat ChatGPT plan subscription prices.

- [ ] 1.3

OpenAI's post names no change to ChatGPT plan prices.

It does not state any change to Plus, Pro, Business, Enterprise or Edu subscription pricing, so check your own plan page before expecting a lower ChatGPT bill.

- [ ] 1.4

In ChatGPT, Sol is available to Plus, Pro, Business, Enterprise and Edu users only inside ChatGPT Work and Codex.

At launch, OpenAI said Sol was not yet available in the main ChatGPT chat for these plans; check your own model picker.

- [ ] 1.5

OpenAI describes Sol as offering near-Astra intelligence for coding, computer use, and professional work.

This is OpenAI's own framing of Sol's capability level relative to Astra, worded as the source states it, not stronger.

- [ ] 1.6

The API model name for Sol is gpt-6.1-sol.

Use this exact string when calling the API or configuring automations that reference a model name.

PART 2 OF 4 — 4 CHECKS

Who actually saves money, and how much

☐ 2.1 DO FIRST

Check whether your AI costs are billed per API token, not per ChatGPT seat.

The one-fifth saving applies to token-based billing: the API, agents, and automations. If your team only pays a flat ChatGPT plan fee, this change does not lower that bill.

☐ 2.2

List your current API or automation calls that use an Astra model.

Pull this from your API dashboard or your automation platform's model settings so you know exactly what is spending tokens on Astra today.

WHERE `OpenAI API Platform › Usage`

☐ 2.3

Estimate the saving before switching: multiply your monthly Astra input and output token volumes by the price difference.

Astra costs $10 input and $50 output per million tokens; Sol costs $2 input and $10 output per million tokens. Multiply your monthly token counts by the difference to see the real dollar saving for your workload.

☐ 2.4 DO FIRST

Switching models does not lower a ChatGPT Plus, Pro, Business, Enterprise or Edu bill.

OpenAI has not announced any change to ChatGPT plan pricing. The saving applies to token-billed usage only.

PART 3 OF 4 — 6 CHECKS

How to move eligible work to Sol

☐ 3.1 DO FIRST

In API calls, change the model parameter from your current Astra model string to gpt-6.1-sol.

This is the exact model name OpenAI gives for Sol. Update this in your code, scripts, or backend configuration wherever the model is set.

COPY THIS

```
model: "gpt-6.1-sol"
```

☐ 3.2

Update any agent or automation platform that lets you choose an underlying OpenAI model.

Find the model selection field in your automation tool's settings for the relevant workflow and set it to gpt-6.1-sol instead of the Astra model.

☐ 3.3

If you use ChatGPT Work or Codex on an eligible plan, check for Sol in the model options there.

OpenAI states Sol is available in ChatGPT Work and Codex for Plus, Pro, Business, Enterprise and Edu plans. It does not give an exact menu path, so look wherever those products let you pick a model.

☐ 3.4 • DO FIRST

At launch, Sol was not in the main ChatGPT chat model picker.

OpenAI's launch announcement said Sol was not yet available in the main ChatGPT chat for these plans. Look in ChatGPT Work and Codex first.

☐ 3.5

Run a side-by-side test on one real task before switching production workloads.

Send the same prompt or job to both the Astra model and gpt-6.1-sol through the API, then compare the two outputs for accuracy, formatting, and completeness on your specific task.

☐ 3.6

Once a task passes the side-by-side test, move one workflow at a time, starting with the highest-token-volume one.

Switching the biggest token consumer first gets you the largest cost saving fastest and limits how much output you need to review if something needs adjusting.

PART 4 OF 4 — 3 CHECKS

What to check after switching

☐ 4.1

Compare a sample of Sol outputs against your last known-good Astra outputs for the same task type.

Good output looks the same in structure, correctness, and tone as what Astra produced. Flag any task where Sol's output needs more manual correction than Astra's did.

☐ 4.2

Monitor your API usage dashboard for the updated per-token cost after the switch.

Confirm the billed input and output token prices now reflect $2 and $10 per million tokens for calls using gpt-6.1-sol.

WHERE `OpenAI API Platform › Usage`

☐ 4.3

Keep a fallback path to switch a specific task back to an Astra model if Sol underperforms on it.

Not every task is guaranteed to perform identically; keep the Astra model string on hand so you can revert a single workflow quickly if quality drops.

WANT ME TO LOOK AT YOURS?

If you have gone through this and want a second pair of eyes, book a free call. We open the account together and look at what is actually happening. No deck, no pitch.

- **Book a free call** hamzajameel.com/book-a-call/
- **Free SEO audit** hamzajameel.com/free-seo-audit/
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SOURCES

1. https://openai.com/index/introducing-gpt-6-1-sol